

Occupational Health Services

Our Goal: Healthy Workers, Healthy Workplaces



Occupational Health Services (OHS) at Quincy Medical Center is an occupational medicine specialist, providing physical exams, DOT and CDL physicals, drug and alcohol testing, immunizations, and an array of injury prevention and wellness services for the workplace.

OHS at QMC helps area businesses and municipalities (Police, Fire and other departments) decrease their costs for worker's compensation by managing work-related injuries and improving work-place safety.

The OHS team includes board certified occupational health physicians and nurse practitioners, as well as occupational health nurses, medical assistants and administrative staff experienced in Occupational Medicine. They consistently monitor an employee's progress and coordinate appropriate diagnostic testing, treatment and rehabilitation services to facilitate a speedy recovery and return to work.

Injury Management: By providing quality, cost-effective medical care for injured workers, encouraging modified duty whenever possible, and maintaining an open channel of communication with employers, we help area businesses control their workers' compensation costs and improve workplace safety. We offer clients coverage, including emergency services, 24 hours a day, seven days a week. We also offer on-site nurses.

Physical Examinations: Pre-placement and periodic physical examinations play an essential role in managing health care costs of your business. We offer a variety of exams, immunizations and services to protect your employees:

- Required (DOT, Coast Guard) physical exams
- Pre-placement and periodic physical exams
- Immunizations: Hepatitis A and B, seasonal flu shot clinics, etc.
- HAZ-MAT physicals
- Return-to-work evaluations
- Medical surveillance
- Fitness-for-duty evaluations
- Tuberculosis testing

Drug and Alcohol Screenings: Tailored to meet your organization's requirements, as well as OSHA, DOT, and other government requirements, including:

- SAMSHA (DOT) urine drug screen-5 panel
- Rapid drug screens with immediate results
- Non-DOT urine drug screen-5 panel
- Random testing and Consortium/Database Services

Quincy Medical Center
Occupational Health Services
114 Whitwell Street, 4th Floor
Quincy, MA 02169
617-376-5700
www.quincymc.org

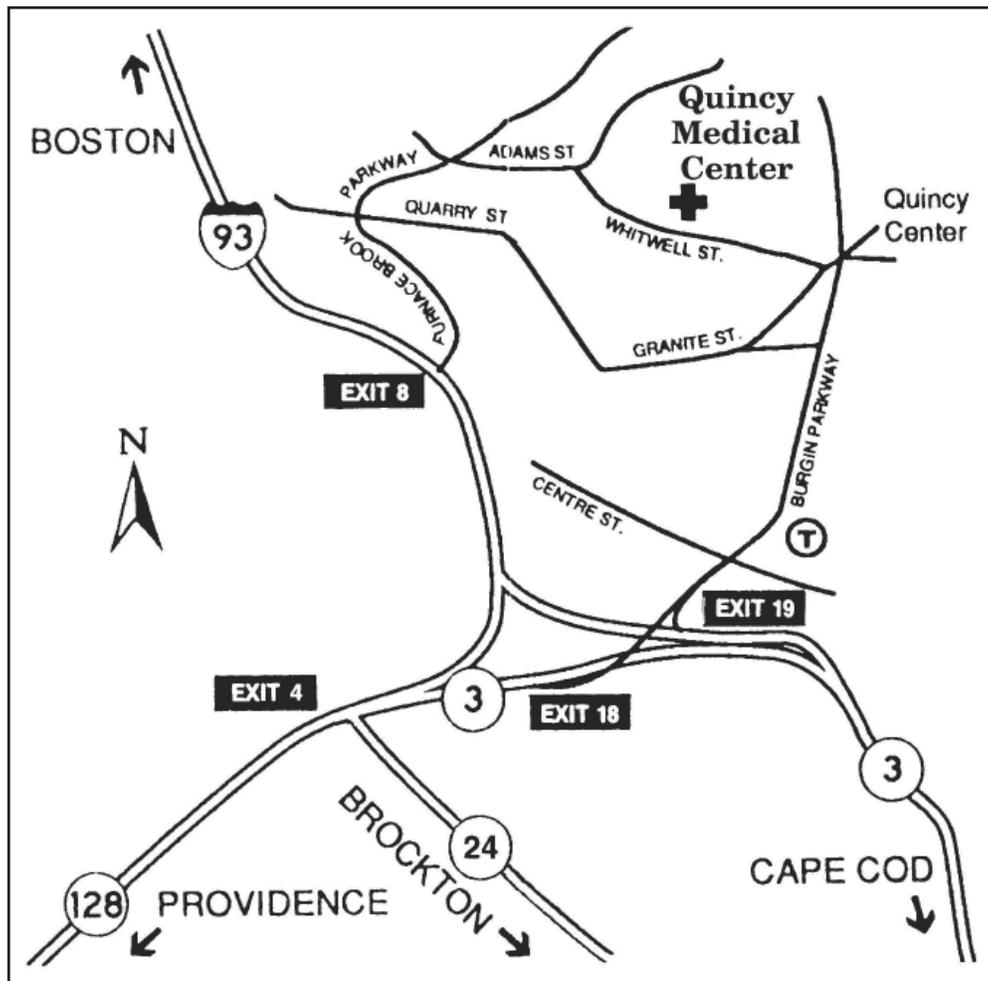
Quincy Medical Center

A STEWARD FAMILY HOSPITAL

Steward

World-class health care where you live.

DIRECTIONS TO QUINCY MEDICAL CENTER



From North or South on the Southeast Expressway (I-93):

- Take the Southeast Expressway (I-93) to Furnace Brook Parkway (Exit 8).
- Follow Furnace Brook Parkway toward Quincy Center.
- At the third set of lights, turn right onto Adams Street, proceed on Adams Street for about 1/2 mile and turn right onto Whitwell Street. The hospital is at the top of the hill.
- The main parking entrance is the second entrance on the left. The main parking area is in the rear of the hospital.

From Route 3 South (Exit 18 - Washington Street/ Quincy Center) or Route 3 North (Exit 19 - "T Station"/ Quincy Center):

- Follow the signs on the exit toward "T Station"/ Quincy Center onto Burgin Parkway.
- At the fourth set of lights, turn left.
- At the next light, turn right onto Granite Street.
- Take the first left onto Whitwell Street.
- The hospital is at the top of the hill and the main parking lot is the first entrance on the right.

By MBTA:

- Take the Red Line to the Quincy Center Station and Bus #245 to the hospital.
- The hospital provides a courtesy shuttle service from the MBTA station.
- Call 617-376-4403 for the schedule.

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Occupational Health: 617-376-5700

Main Number: 617-773-6100

www.quincymc.org