Mission

Chaplains provide and maintain spiritual care to patients, their families or loved ones, physicians, hospital staff and community regardless of religious affiliation.

Services rendered are the following:

- Patient Visitations
- Patient and Family Counseling
- Emergency Room Crisis Intervention
- Post-Discharge Visitation and Counseling
- Administration of the Sacraments
- Chapel Services and Prayer Ministry
- Notifications to and Collaboration with Visiting Clergy
- Bereavement Services and Grief Counseling
- Outpatient Availability
- Staff and Community Education

If you would like to speak with a chaplain, call us at (508) 674-5600 x 2920

Chaplains are available 24 hours a day, 7 days a week.

Stoico/FIRSTFED Center for Breast Care Lobby
Saint Anne's Hospital
795 Middle Street
Fall River, MA 02721

508-674-5600 x 2920

From Providence, RI/points west
Route I-195 East to exit 5 (Route 79 north/Route 138 south). Bear left at fork to Route 138 (North Tiverton). Bear right off exit onto Milliken Boulevard. At light, go straight to the top of the hill. Bear right onto South Main Street. Saint Anne's Hospital is on the left at the first set of traffic lights.

From New Bedford, MA/points east
Route I-195 West to exit 5 (Route 79 north/Route 138 South). At exit 5, bear left. Follow signs for Route 138 south (North Tiverton). At second set of traffic lights, go left (Middle Street). Follow Middle Street for one block to the first set of traffic lights. Saint Anne's Hospital is directly in front of you.

From Newport, RI/points south
Route 24 north to I-195 West to exit 5 (Route 79 north/Route 138 South). At exit 5, bear left. Follow signs for Route 138 south (North Tiverton). At second set of traffic lights, go left (Middle Street). Follow Middle Street for one block to the first set of traffic lights. Saint Anne's Hospital is directly in front of you.

From Boston/Taunton, MA/points north
Route 128 South or I-93 South to Route 24 South. Route 24 South to Fall River to I-195 West. Take Exit 7 (Plymouth Ave.) and follow to traffic lights at bottom of exit. Go left on Plymouth Ave. and follow for ½ mile to third set of traffic lights at top of hill (Lyon St.). Go right on Lyon St. and follow to stop sign (intersection with Second St.). Continue across intersection to Middle St. and follow Middle St., almost to traffic lights. Hospital entrances are on the left.

Steward

Saint Anne's Hospital

A STEWARD FAMILY HOSPITAL

Steward

2013/2014 Grief Education and Bereavement Program

Spiritual Care Department

Facilitated by:
Judith A. Costa, SSD,MDiv,DAPA,CT, ACMC-III
Certified in Thanatology: Death, Dying and Bereavement
Certified Pastoral Counselor
Diplomate in the American Psychotherapy Association
Academy Certified Master Chaplain Level Three

STEWARD HEALTH CARE SYSTEM

2013/2014 Grief Education and Bereavement Program

Grief Education Programs

For persons dealing with the dealth of a family member or friend.

"A sorrow that has no vent in tears makes other organs weep. Confronting your grief is not self-indulgence. It is sound prevention medicine". *-Dr. Henry Mandsley British Psychiatrist*

The loss of a loved one in death is the greatest loss one faces and the most piercing pain one will ever experience. Most people are physically, emotionally and spiritually affected by the death of a loved one. Those who attend these programs will be given the opportunity to share and to explore their feelings, and learn ways to accept and to cope with their grief, in a confidential, compassionate and safe setting.

Wednesday: 7:00 to 8:30 pm

- **November 6:** Coping with the Pain and the Joy of Family Occasions.
- **November 20:** How do we Grieve and Give Thanks?
- **December 4:** Can we Grieve and Still be Joyful at Christmas?
- **December 18:** The meaning of Christmas After Loss.
- **January 8:** Dealing with Guilt that is Caused by Grief.
- **January 22:** "Since the Death my World has Fallen Apart".
- **February 5:** Remembering With Love.
- **February 19:** Understanding Depression when Grief is Present.
- **March 5:** Stumbling Blocks to Healing Grief.
- **March 19:** Finding Ways to Reduce Anxiety.
- **April 2:** Spirituality and Grief.
- **April 23:** Hope: Grief's Best Music.
- **May 7:** Healing Old Wounds: Some Ideas to Help Yourself.
- **May 21:** Ways to Remember the Dead.
- **June 11:** The Role of Forgiveness in Grief.
- **June 25:** Grieving is Holy Work.

Location:

Stoico/FIRSTFED Center for Breast Care Lobby
Saint Anne's Hospital
795 Middle Street
Fall River, MA 02721

508-674-5600 x 2920

No reservation required.
Program is free of charge.

The Mourner's Bill of Rights

1. You have the right to experience your own unique grief.

2. You have the right to talk about your grief.

3. You have the right to experience a multitude of emotions.

4. You have a right to be tolerant of your physical and emotional limits.

5. You have the right to experience grief-bursts – sudden, powerful surges of grief.

6. You have the right to make use of healing rituals, including the funeral.

7. You have the right to embrace your spirituality.

8. You have the right to search for meaning in life and death.

9. You have the right to treasure your memories.

10. You have the right to move towards your grief and heal.

Alan D. Wolfelt - 1996